

# How to Get a First

## The Essential Guide to Academic Success

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Do you have to be a genius to get a first at university?

In this informative guide, Thomas Dixon argues that you do not, and sets out to de-mystify first-class degrees in the arts, humanities and social sciences, clearly articulating the difference between the excellent and the merely competent in undergraduate work.

This concise, no-nonsense guidebook will give prospective and current students advice on teaching and learning styles that prevail in university, and on how to manage their two most important resources - their time and their lecturers. In an accessible, and entertaining style, the author looks at subjects such as:

- making the transition from school to university
- developing transferable skills
- making use of lectures and seminars
- using libraries and the Internet
- note-taking, essays, seminars and presentations
- common mistakes to avoid
- writing with clarity and style
- revision and examinations.

Illustrated with many examples from a range of academic disciplines, *How to Get a First* is an all-purpose guide to success in academic life.

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